

Master Music Therapists
**Linking Effective Techniques, Strategies and
Supervision for Professional Sustainability**
THURSDAY, FEB. 7 & FRIDAY, FEB 8



LAURIE FARNAN
with Michelle Schumacher



KU Music Education & Music Therapy and Kansas City Metro Music Therapists welcome Laurie A. Farnan, MMT, MT-BC, WMTR and Michelle L. Schumacher, BME, BMT, MSE for two 3-hour CMTEs!

Master Music Therapists Linking Effective Techniques, Strategies and Supervision for Professional Sustainability is approved by the Certification Board for Music Therapists (CBMT) for 3 Continuing Music Therapy Education credits on Thursday, February 8 and 3 Continuing Music Therapy Education credits on Friday, February 9, 2019. The Kansas City Metro Music Therapists, Approved Provider #P-096 maintains responsibility for program quality and adherence to CBMT policies and criteria.

Cancellations & Refunds: This course may be cancelled due to inclement weather or presenter illness. In the event the course is cancelled, pre-registered participants will be notified and the course will be rescheduled. Refunds will be issued if the rescheduled date is unavailable to the participant. KCMMT reserves the right to grant refunds on a case by case basis.

Registration Fees:

KCMMT Members \$45 per course or bundle both for only \$75 | Non Members \$85 per course| All Students – Free!

Register online @ <http://www.kcmmt.org> | Deadline Wednesday, February 5th 6:00pm

Thursday, Feb. 7
CMTE 1:
Techniques & Strategies
(3 Hours)
Swarthout Recital Hall,
Murphy Hall
(University of Kansas)

11:00-12:25
*Music Therapy Techniques &
Strategies for Individuals
with Intellectual and/or
Developmental Disabling
Conditions*

2:00-3:25
*Compositional Model for
Task Specific Songwriting*

Friday, Feb. 8
CMTE 2:
Professional
Sustainability &
Supervision
(3 Hours)
238 Murphy Hall
(University of Kansas)

10:00-11:30
*Riding the Waves of Career
Longevity: Discover What
Matters to You*

12:00-1:20
*Unraveling the Mysteries
of Supervision*

Public parking at the
Field House Parking Garage
1501 Irving Hill Road
\$1.75 for first hour,
then \$1.50 per hour

Master Music Therapists Linking Effective Techniques, Strategies and Supervision for Professional Sustainability

Laurie Farnan, MMT, MT-BC, WMTR has influenced professional music therapy practice in a visionary way throughout the past 3+ decades. She served as the Coordinator of Music Therapy Services at Central Wisconsin Center for Individuals with Intellectual or Developmentally Disabilities for 36 years, training 121 interns. Laurie has designed research-based innovative sensory stimulation techniques to enhance the music experience for people with developmental disabilities, and her original song-writing work provides scaffolding for the development of songwriting skills that can be generalized to a variety of settings and populations. Laurie has served professional music therapy associations at the state, regional and national levels. She has influenced the growth of music therapy from the grassroots clinical perspective, serving as a role model and continuing to push boundaries and develop services to meet current and future consumers. She has received several national, regional and state awards recognizing her professional contributions. Since retiring from full time clinical work, Laurie continues to teach, write and consult, including serving as an ongoing resource to the Madison Symphony Orchestra and their HeartStrings community engagement initiative

Michelle L. Schumacher, BME, BMT, MSE, is an experienced clinician who has worked with a broad section of diverse clinical populations. The bulk of her career was spent providing direct music therapy services to clients with Intellectual and Developmental Disabling conditions. She has served adults and children with multiple disabilities. Her special interests were developing and adapting standard music education principles and creating effective Active Treatment clinical strategies for school age children in a residential treatment setting. She has also had experience with geriatric clients and individuals on the Autism Spectrum. She has provided numerous state, regional and national conference presentations, CMTE and Institute sessions. Her affiliation with VSA Wisconsin led to the development of the VSA integrated community choirs. She created the seminal model for the Madison Choir which is now utilized state wide. Michelle has a long history of service to the music therapy profession having served in many leadership positions at the state, regional and national levels, receiving several professional awards for practice and service.

Course Descriptions and Learning Objectives:

CMTE 1: Techniques & Strategies (3-hour CMTE), Thursday, February 7, 2019

Music Therapy Techniques and Strategies: Working with Individuals with Intellectual and/or Developmental Disabling Conditions

Thursday 11:00 – 12:25 KU, Murphy Hall, Swarthout Recital Hall

Course description: This session will provide participants with effective music therapy clinical strategies and techniques to serve clients with ID/DD and will include clinical examples all related to the Therapeutic Cycle of assessment, goal development, intervention design and data collection.

Learning Objectives:

- 1) *Participants will explore 7 basic interactive techniques.* [CBMT BCD: II.A 1.a,b,e]
- 2) *Participants will acquire or increase verbal and planning skills to more effectively lead therapy groups.* [CBMT BCD: I D 8; 15; II A 1. h; II A 5,k]
- 3) *Participants will be better able to understand the characteristics of common hand held instruments and make sound instrument choices for use in therapy.* [CBMT BCD: II 2 d, k,l, aa,,ad,, ak,,ar; II 5,i,4; aa]
- 4) *Participants will be able to relate the elements of the Therapeutic Treatment Cycle to efficient intervention development.* [CBMT BCD: I.B. 2,3,7,12,13]
- 5) *Participants will analyze clinical examples.* [CBMT BCD: IIA.4 a-i]

Compositional Model for Task Specific Songwriting

Thursday 2:00 – 3:25 p.m., KU, Murphy Hall, Swarthout Recital Hall

Course description: This session will provide participants with a compositional model and process for composing task specific songs for use with clients. Model will be presented followed by participatory composition of several songs on the spot.

Learning Objectives:

- 1) *Participants will examine the calculated use of rhythm, melody, harmony, lyrics and accompaniment.* [CBMT BCD: II.A.5 a]

2) *Participants will create targeted goal-oriented songs for client task specific skill acquisition.* [CBMT BCD: I.D.10,11,16; II A. 5,a.,d,e,f]

CMTE 2: Sustainability and Supervision (3-hour CMTE), Friday, February 8, 2019

Riding the Waves of Career Longevity: Discover what matters to you
Friday 10:00-11:30 a.m., KU, 238 Murphy Hall (next to the Music Library)

Course description: This session will provide participants with various options for sustaining career development and nurturing curiosity. Sources of inspiration will be provided.

Learning Objectives:

- 1) *Participants will identify their own career sustaining strategies.* [CBMT BCD: IV. A.3]
- 2) *Participants will relate elements of the Therapeutic Treatment cycle to career development.* [CBMT BCD: III. A. 1-7; B.1-11]
- 3) *Participants will begin to consider answers in their career as to what really matter to them.* [CBMT BCD: IV. A. 1., 2, 3]

Unraveling the Mystery of Supervision

Friday 12:00 – 1:20 p.m., KU, 238 Murphy Hall (next to the Music Library)

Course description: This session will involve a question and answer format regarding effective supervision approaches and styles. Information on developing approaches will be provided.

Learning Objectives:

- 1) *Participants will explore ways to more clearly view and articulation elements of student performance.* [CBMT BCD: IV.B. 11,12]
- 2) *Participants will review supervision systems/language of three authors.* [CBMT BCD: IV.A.2]

Course Schedule and Format

CMTE 1: Techniques & Strategies		CMTE 2: Sustainability & Supervision	
Thursday, Feb. 7 11:00-12:25	Thursday, Feb. 7 2:00-3:25 p.m.	Friday, Feb. 8 10:00-11:30	Friday, Feb. 8 12:00-1:20
<i>Working with Individuals with Intellectual and Developmental Disabling Conditions</i>	<i>Compositional Model for Task Specific Songwriting</i>	<i>Riding the Waves of Career Longevity: Discover What Matters to You</i>	<i>Unraveling the Mystery of Supervision</i>
Lecture & Participation	Lecture & Participation	Lecture	Lecture & Discussion
11:00-11:05 Welcome, introduction & course overview	2:00-2:05 Welcome, introductions, course overview	10:00-10:05 Welcome, introductions, course overview	12:00-12:05 Welcome, introductions, course overview
11:05-11:10 Effects of Prolonged Inactivity on Body Systems	2:05-2:20 Review components of compositional model (Farnan)	10:05-10:35 Career example by decades; career sustain themes & resonating viewpoints	12:05-12:10 What is experience
11:10-11:45 Group Leading Strategies: salient points, presenting & leading interventions, suggestions for opening statements, characteristics of common instruments.	2:20-2:55 Participant composition of several task specific songs	10:35-11:00 AMTA Standards of Practice viewed as a career guide: 5 essential questions; therapeutic cycle; client examples	12:10-12:30 Breaking down skill areas into manageable parts
11:45-11:50 Therapeutic Treatment Cycle	2:55-3:25 Presentation of songs; summary & questions	11:00-11:20 Identifying work & results that matter: it's not about the sticks; it is about functional skills.	12:30-12:40 Feedback examples: Bruscia, Forinash, Farnan
11:50-12:10 Clinical Examples		11:20-11:30 Summary, questions and a song.	12:40-1:20 Questions & Discussion
12:10-12:25 Summary & Questions			
1 hour 25 minutes	1 hour 25 minutes	1 hour 30 minutes	1 hour 20 minutes